

Preferred

 **ABTA**
ABTAN° W3692

Travel Services



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Walking Holidays 2012

We are pleased to present brief details of our Walking holidays for 2012, including no less than **ten** new destinations! Please ask for a brochure, or download one at www.preferredts.com. One-centre holidays are shown in **purple**; holidays with two or three centres are shown in black.

Holidays include flights from airports all over the UK, good quality hotels (mostly on a half-board basis), and guided walks (including transport to walks when required). Our walking guides all live full time in the areas they walk in, bringing you real local expertise.

- 1 - Catalonia, French and Spanish Pyrenees
- 2 - Andalucia, Balearic Islands, Algarve, Cyprus
- 3 - Canary Islands, Italy, Switzerland
- 4 - Morocco, Crete, Poland, Germany

CATALONIA

March, May, September, October 2012 - 8 days from £569

Your base is an unspoilt resort in the wine-producing Penedes area, between Barcelona and Tarragona - both are easily accessible by public transport. You also walk in the adjacent Alt Camp, the 'High Country'.

THE VALLEYS OF THE ROUSSILLON, SOUTH WESTERN FRANCE

March, April, October 2012 - 8 days from £619

This holiday offers an interesting cocktail, with excellent walking in the hills of the Roussillon area of southwest France, and a stay in Spanish Catalonia, with a visit to Dali's eccentric theatre-museum in Figueras, and to Barcelona.

BARCELONA & THE COSTA BRAVA

April 2012 - 8 days from £699

Catalonia's Gaudi and Dali were strongly influenced by local landscapes. Stay in central Barcelona, and amid the coves of the Costa Brava. Walk among the rock formations of Montserrat, on coastal paths and Ramble down the Rambla(!)

BARCELONA & THE ARAGONESE PYRENEES

May 2012 - 8 days from £669

The spectacular Aragonese Pyrenees rise mightily to 3000m, but our walks have been chosen to give you views of the mountains without enormous ascents. We visit French as well as Spanish Pyrenees, take in a walk on Montserrat, and have two nights in Barcelona.

THE HIGH PYRENEES

May, September 2012 - 8 days from £669

Mountain air, fertile valleys, spectacular peaks, and great hospitality! The Pyrenees are a walker's paradise. We have two included guided walks in Andorra, and one in France.

ANDALUCIA - THE ALPUJARRAS & THE MONTES DE MALAGA

May, September 2012 - 8 days from £719

The Alpujarras is one of Spain's most scenic and unspoilt regions. This unusual holiday combines beautiful mountain scenery together with a couple of days in an area of the Costa del Sol favoured mainly by the Spanish. Plus Granada and Picasso's Malaga

ANDALUCIA'S EASTERN COAST - ALMUNECAR & FRIGILIANA – NEW!

February, March, November 2012 - 8 days from £519

Almunecar, in sub-tropical Eastern Andalucia, shows its Phoenician, Roman and Moorish past. Nearby, the Sierras plunge spectacularly into the sea. You walk on coast and hills near to your resort, and close to picturesque white-painted Frigiliana.

MALLORCA

February, March, April, May, September, October 2012 - 8 days from £569

A holiday allowing you to appreciate the real beauty of the north, a world away from the busy resorts in the south. We are based at the entrance to the Levante National Park, a perfect location for our 3 included walking excursions.

MENORCA

May, September 2012 - 8 days from £619

Menorca - a UNESCO biosphere reserve since 1993 - is just 30 miles long and 10 miles across, but offers a world of contrasts. The north is lush and greener, with bays and long headlands, while the south is much rockier and riddled with caves.

IBIZA & FORMENTERA - NEW FOR 2012!

September 2012 - 8 days from £729

The islands of palm trees, almonds, olives and figs; old Ibiza town and the contrasting landscapes of the isle of Ibiza, and also of its neighbour, Formentera.

PORTUGAL - THE ALGARVE - NEW FOR 2012!

May, September 2012 - 8 days from £779

To discover the real beauty of the Algarve, our escorted walks through glorious countryside decked with flowers may be the answer! In recent years the region has become increasingly popular with walkers, who appreciate the area's unspoilt countryside.

Also – THE EAST & WEST ALGARVE (2 centre)

April 2012 - 8 days from £719. This holiday is in the winter brochure only.

NORTHERN CYPRUS - KYRENIA & THE BESPARMAC RANGE - NEW FOR 2012!

September, October 2012 - 8 days from £799

The Besparmak or Five-Finger Mountains run across Northern Cyprus, and are the setting for your walks, above Kyrenia with its Venetian harbour, from Buffavento Castle to the east, and through Kalkanli's olive groves to the west.

CYPRUS - THE AKAMAS PENINSULA & THE TROODOS MOUNTAINS

February, November 2012 - 8 days from £719

An ancient land of mystery, legend, beauty and love at the crossroads of three continents. Apart from its history, our interest in Cyprus stems from its beautiful countryside, beaches and excellent weather - a perfect winter walking destination.

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LANZAROTE & FUERTEVENTURA - NEW FOR 2012!

February, March, November 2012 - 8 days from £739

Lanzarote is a UNESCO biosphere reserve. Your walks include the volcanic La Geria area, a walk on the Atlantic coast and a hill walk on the nearby island of Fuerteventura. You stay in Playa Blanca, close to the Papagayo nature reserve.

GRAN CANARIA

January, April 2012 - 8 days from £799

Gran Canaria richly deserves its epithet of "the miniature continent". Its varied landscapes give rise to innumerable micro-climates and almost half the island is classified as a World Biosphere Reserve. Our walks reflect its variety.

TENERIFE

March, April, May, November 2012 - 8 days from £659

Tenerife is an island of marked contrasts - secret bays with black volcanic sands, towering cliffs plunging into an azure ocean, natural laurel woods, terraced farmlands and vineyards all crowned by volcanic Mount Teide, Spain's largest mountain.

MONTE ISOLA, LAKE ISEO & THE CAMONICA VALLEY - NEW FOR 2012!

June, September 2012 - 8 days from £759

The resort of Lovere, on scenic Lake Iseo, and included walking excursions by boat and train to see Monte Isola and the UNESCO-listed Camonica Valley.

LAKE MAGGIORE

April, June, September 2012 - 8 days from £749

Beautiful Lake Maggiore stretches from Lombardy up into Switzerland. From your base in the pretty lakeside town of Arona there are three guided walks along both shores and through wooded hills above Stresa.

THE CINQUE TERRE, PORTOFINO & THE ITALIAN LAKES

March, April, May, June, September 2012 - 8 days from £789

You will see the millionaires' haunts of Portofino and Santa Margherita Ligure, and travel on the 'Three Valleys Railway' into the city of Genoa. In addition there are three included walks with one in the spectacular landscapes of the Cinque Terre!

TUSCANY - NEW FOR 2012!

September 2012 - 8 days from £869

A week in one of Italy's most chic resorts with included walks on the hills by Torre del Lago Puccini, in the Gulf of Poets and in the Serchio Valley, below the marble mountains of the Apuan Alps.

THE ALPS - VALLE D' AOSTA - NEW FOR 2012!

September 2012 - 8 days from £819

The Matterhorn, the traffic-free mountain village of Chamois, the Mont Blanc Express, the Gran Paradiso National Park and lakeside Aix-les-Bains and Geneva are seen on this holiday. Your main base is in the Italian - but French speaking - Valle d'Aosta.

SWITZERLAND - THE BERNESE OBERLAND & GOLDENPASS LINE

August 2012 - 8 days from £949

This Swiss holiday combines the country's finest city, Geneva, with Interlaken, set amid some of the finest lake and mountain scenery anywhere. We travel between the two on the 'Best of Swiss Panoramic Trains'. The walking is spectacular too!

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MOROCCO - MARRAKESH & THE ATLAS MOUNTAINS

May, October 2012 - 8 days from £829

You spend four nights in a 4-star hotel in Marrakesh and three nights in a luxurious 5-star hotel in UNESCO-listed Essaouira. There are three included walks - one in the High Atlas Mountains, as well as a guided walk around the ramparts in Essaouira!

CRETE - NEW FOR 2012!

September, October 2012 - 8 days from £799

A two-centre walking holiday in eastern and western Crete, exploring the stunning scenery of the island with olive groves, ancient palaces, stunning beaches and impressive mountain ravines.

POLAND - KRAKOW & THE HIGH TATRAS

June, August, September 2012 - 8 days from £689

Two of Poland's most spectacular sites, the medieval university city of Krakow, and Zakopane, amid the Tatra Mountains, are together in this holiday of contrasts. Between the two we spend 2-3 hours meandering through the Dunajec River Gorge on rafts!

THE HARZ MOUNTAINS, BERLIN & POTSDAM - NEW FOR 2012!

July, August 2012 - 8 days from £829

Medieval half-timbered towns, stunning scenery in the Harz Mountains, imperial cities and the re-born German capital of Berlin, with wonderful museums, the Brandenburg Gate and Checkpoint Charlie - you walk in Goethe's footsteps up the mighty Brocken.

Lead-in prices shown are subject to availability, and in most cases are based on the shared occupancy of a twin-bedded room. Our brochures contain full details of prices, dates and any applicable supplements.

Brochures can be obtained by e-mailing mail@preferredts.com, by calling 0116 2793929, or by downloading them from our website www.preferredts.com. List produced on 16/12/2011; E & OE.

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